

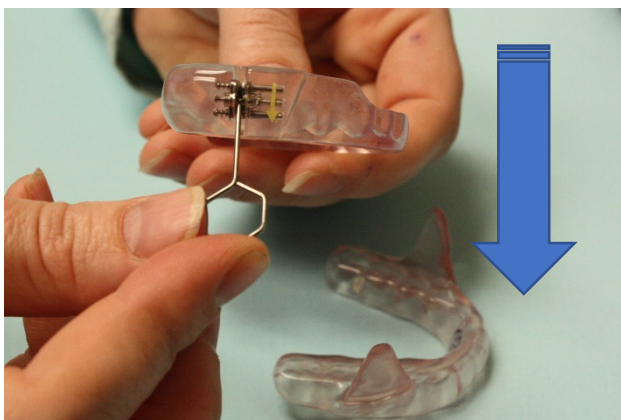
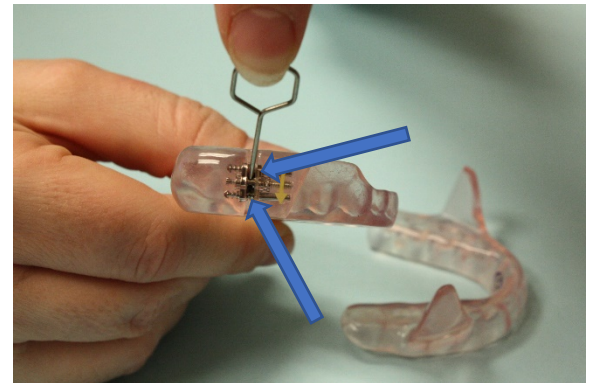
TITRATION OF THE DORSAL ORAL APPLIANCE



The Dorsal Appliance features no connection between the upper and lower elements. The adjustment mechanism is located on both sides of the upper element, and as the adjustment block is moved forward the “fins” of the lower element are engaged, and the position of the lower jaw is moved forward.

To titrate/advance the mandible:

- Note that there is an arrow on the adjustment mechanism on both sides of the upper element, one side will have an arrow pointing up, the other side pointing down. Note the 2 small holes within the advancement mechanism, one each at the base and top of the arrow
- Place adjustment key into the small hole at the base of the arrow



- **Turn the key in the direction of the arrow** until it stops. You have just completed a 1/10mm of advancement on that side. A new hole will appear in the same location for the next turn. Complete 10 turns to provide an advancement of 1mm.
- Turn the device over and complete the same procedure, 10 turns **in the direction of the arrow**
- To reverse/retrude the position of the jaw, complete equal number of turns **in the direction opposite the arrow**